

Other Services: Employment Retention Support

Our Job Retention Service will help you to retain your employment if it is at risk whilst you are recovering from your mental health difficulties.

We work with you, and can work with your employer too, to achieve the best outcome for you.

We understand that work can be challenging but we believe that maintaining work is not just a means of earning a living, but also plays an important part in your well-being.

This service offers:

- > 1-2-1 assessment of your workplace needs
- > 'Behind-the-scenes' support if you have not disclosed your mental health to your employer
 - > Support in developing coping strategies
 - > Mediation between employer and employee
 - > Negotiation of workplace adjustments
 - > Signposting to legal and benefits advice

Dress Code:

We ask our members to dress appropriately and modestly for the service which they access, keeping in mind that the Recovery Groups engage in craft, woodwork, cooking and gardening. We recommend wearing clothes you don't mind getting dirty.

EXCEPTIONAL CIRCUMSTANCES:

In cases of extreme weather, power outages or physical ill health we ask our members to contact the individual groups that they are part of before travelling. These circumstances do not impact on your attendance or ability to access the services in future.

HOW TO REFER:

To refer to Restore please visit:

<https://www.restore.org.uk/get-help/referral-form>

Please provide as much detail as you can on the referral form.

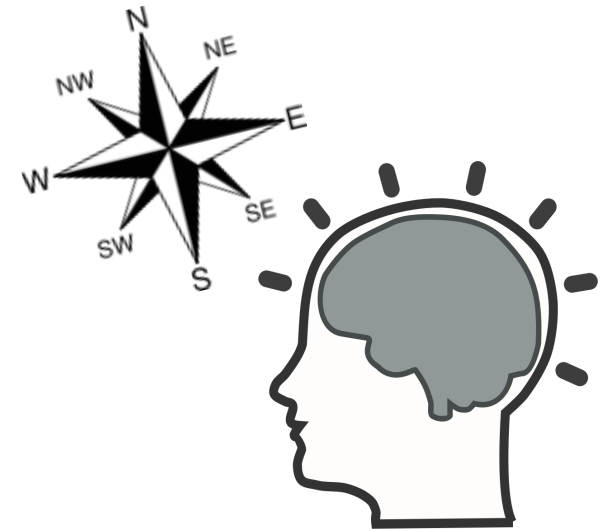
More information on our services is available at

<https://www.restore.org.uk/>



restore
working for mental health

Navigating Restore Services



PATHWAY 1: THE REFERRAL PROCESS

STAGE 1:

Referral by self, G.P or other health organisation.



STAGE 2:

The referral form is processed at our head office at Manzil Way.



STAGE 3:

You will be invited to an assessment for your suitability for the service where you will be asked about your mental health and what you hope to get from the service. This is also called a Choices Workshop.



STAGE 4:

Following your assessment you will be offered a place in either Recovery or Coaching if we believe you are suited to our service. We can also signpost to other organisations who can help.

The Pathways of Restore

PATHWAY 2: THE RECOVERY SERVICE

STAGE 1: Taster day

You will be invited to attend a taster day to see if you feel the service is a good fit for you.



STAGE 2: Trial Month

Your first month is a trial period to ensure that you are comfortable and that our service is the correct one for your needs. In this month you will be inducted into the service and complete a review to set some small goals.



STAGE 3: Working on your Recovery

You will be expected to attend the service regularly and take part in reviews every 3 months to set new goals.



STAGE 4: Moving On

We expect people to spend a maximum of 2 years in our service before moving on to work, volunteering, training or other groups and services in the community. You will be supported by us at this point and are also able to access the coaching service throughout and after your journey. If after 2 years you are still not ready, we will review your case individually.

PATHWAY 3: THE COACHING SERVICE

Stage 1: Initial Coaching Meeting

You will meet with an employment coach to discuss your goals and how the coaching system works.



Stage 2: Invitation

If you decide that coaching is something that you want to try, you will be offered 4 sessions, followed by a review to see how things are going.



Stage 3: Direction

You will then be offered more sessions or, if coaching isn't your thing, your coach can help sign-post you to other agencies.



Stage 4: Coaching / Review / Achievement

You and your coach work together to plan real actions that help you achieve your goals. You will have regular reviews to make sure that coaching is still working for you.



GOALS ACHIEVED!